

THE REPUBLIC OF UGANDA Ministry of Education and Sports

Directorate of Industrial Training



Assessment and
Training Package
For a
SWIMMING
PRACTITIONER

Qualification Level: 1

Occupational Cluster: Physical Education

September 2020

Developed by:

Funded by:

Qualifications Standards Department Directorate of Industrial Training

Government of Uganda



Assessment and Training Package

For a SWIMMING PRACTITIONER

Qualification Level: 1

Occupational Cluster: Physical Education

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Under BTVET Act, 2008, the functions of the Directorate of Industrial Training are:

- (a) To identify the needs of the labour market for occupational competencies that fall under the UVQF.
- (b) To regulate apprenticeship schemes.
- (c) To foster and promote entrepreneurial values and skills, as an integral part of the UVQF.
- (d) To secure adequate and sustainable financing for the efficient operations of the Directorate.
- (e) To accredit training institutions or companies as assessment centres.
- (f) To determine fees payable under the Act.
- (g) To develop, apply, expand and improve the purposeful application of Uganda vocational qualifications defined in the UVQF.
- (h) To assess and award Uganda Vocational Qualifications.
- (i) To promote on-the-job training in industry for apprenticeship, traineeship and indenture training and for other training such as further skills training and upgrading.
- (j) To prescribe the procedure for the making of training schemes.

Further to the above provisions, there is an established Uganda Vocational Qualifications Framework (UVQF), under part V of the BTVET Act, 2008. It is stated that:

The purpose of the UVQF is to;

- (a) Define occupational standards in the world of work.
- (b) Define assessment standards.
- (c) Award vocational qualifications of learners who meet the set standards of different studies.
- (d) Provide guidelines for modular training.

The UVQF shall follow principles of Competence Based Education and Training (CBET) which include:

- (a) Flexible training or learning modules.
- (b) Positive assessment and Certification.
- (c) Assessment of Prior Learning.
- (d) Recognition of formal and non-formal training.
- (e) Self-paced or individual learning.
- (f) Work place learning.

For award and recognition of certificates, the BTVET Act, 2008 provides that:

- (1) The Directorate and other examination boards established under the Act shall award certificates and diplomas for Business, Technical or Vocational Education and Training under the UVQF.
- (2) The Certificates and Diplomas to be awarded shall be in the form prescribed by the Minister on the recommendation of the Industrial Training Council.
- (3) The Certificates and Diplomas awarded under the Act shall be recognised in the Uganda education system and by the labour market.

Under the TVET Implementation Standards 2020, the proposed new mandate of the Directorate of Industrial Training shall be restricted to promoting the highest standards in the quality and efficiency of industrial training in the country and ensuring an adequate supply of properly trained manpower at all levels in the industry and the world of work.

The functions shall include:

- (a) Regulating Industrial Training and Trainers.
- (b) Developing Industrial Training Curricula.
- (c) Harmonising Curricula and Certificates of competence.
- (d) Assessing Industrial Training.
- (e) Development of Occupational Standards and Assessment and Training Packages (ATPs) for Trade Testing for the industry and world of work.
- (f) Awarding certificates in that respect.

At operational level in the Directorate, the Qualification Standards Department performs development tasks related to concepts, procedures and instruments for establishment of the UVQF in close collaboration with both public and private stakeholders in vocational training.

In particular, the Department organises and coordinates the development of Assessment and Training Packages for use in competence-based vocational training as well as standards-based assessment and certification.

The Directorate has therefore produced this Assessment and Training Package for use in implementing Competence-Based Education and Training mechanisms.

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Word from Permanent Secretary

The Kajubi Report (1989) and the Uganda Government White Paper on Education Review (1992) emphasised that the Uganda Secondary School Education should be vocationalised.

The World Bank Report on education in Uganda 2007 observed that although Uganda was experiencing steady economic growth on one hand, the secondary education curriculum was inadequately addressing the social and economic needs of the country on the other. The Report further noted that it is not the very top academic cadres that contribute most to the growth of the GDP but rather the competent middle level technicians that are flexible and technologically literate that the economy needs in the labour market at all levels.

Correspondingly, the NDP III 2020/21- 2024/5 highlights (i) low labour productivity (ii) high youth unemployment (38%) (iii) low transition rates from training to employment (35%) as some of the key challenges to Human Capital Development in Uganda.

In order to overcome these challenges, NDP III 2020/21- 2024/5, under objective 2 peaks the need to train the learners for the urgently needed skills and mainstream a dual education and training system. This paved way for the development of the lower secondary school vocational curriculum which supports both academic and vocational training.

The afore is in line with the Uganda Vision 2040. Under section 261, it emphasises that learners will be accorded opportunities to excel in the skills areas they are placed into. These will range from sports and cut to technical and vocational training. Hitherto, section 262 clearly states that the entire education system will be changed to emphasise practical skills, attitude and moral values.

Government of Uganda through the Ministry of Education and Sports rolled out the New Lower Secondary Curriculum in secondary schools countrywide during the first term of the academic year 2020. The overall goal of this curriculum is to produce graduates with employable skills and who are competitive in the labour market. It should be emphasised that vocational training will produce graduates who are employable. In the New curriculum, emphasis will be on equipping learners with employable skills and competencies. This will enable learners perform the requisite duties of the specified occupations. This is the reason why the lower secondary school vocational curriculum was tailored to the assessment requirements of the world of work.

Reading from the Curriculum Framework page 12, it is stated that the learners will be assessed by DIT. Upon assessment and certification, the graduates will be employable and competitive in the labour market. It's against this background that DIT, within its mandate vested in the BTVET Act, 2008 comes on board to take the lead in the development of the requisite Assessment and Training Packages (ATPs) for the various occupations that will be assessed under the Lower Secondary Curriculum.

The ATPs can be used by any training provider and/or those who wish to present themselves for Occupational Assessment and Certification.

Herewith, the Directorate of Industrial Training presents the Assessment and Training Package for training, assessment and certification of a **SWIMMING PRACTITIONER QUALIFICATION LEVEL 1.**

Finally, I thank all individuals, organisations and review partners who have contributed and/or participated in the review of this noble document.

Alex Kakooza

Permanent Secretary

Executive Summary

This Assessment and Training Package is a Competence-Based Education and Training (CBET) tool and consists of three major parts:

- O.1 PART I: The Occupational Profile (OP) of a SWIMMING PRACTITIONER.

 This Occupational Profile which was reviewed by Swimming practitioners practicing in the world of work mirrors the duties and tasks that Swimming practitioners are expected to perform.
- 0.2 PART II: Training Modules in the form of guidelines to train swimming practitioners both on the job as well as in training centres (or combinations of both venues of learning). The Training Modules herein have been reviewed basing on the Occupational Profile and hence are directly relevant for employment.
- 0.3 **PART III: Assessment Instruments** in the form of performance (Practical) and written (theory) test items that can and should be used to assess whether a person complies with the requirements of employment as a SWIMMING PRACTITIONER. These assessment instruments were reviewed jointly by job practitioners (Swimming Practitioners) and instructors based on the occupational profile and training modules.
- 0.4 While the Occupational Profile (OP) contained in PART I of this document provides the information on <u>WHAT a person is expected to do</u> competently in the world of work, the test items, including performance criteria- of PART III qualify the <u>HOW and/or HOW WELL a person must do the job</u>.
- 0.5 The modular format of the curriculum (PART II) allows learners to acquire job specific skills and knowledge (i.e. competencies) module by module. A single module can be accomplished within a relatively short duration allowing flexibility for learners to move directly into an entry level job, go for further modules or advance to higher levels of training. Modular courses allow more learners to access the training system because training centres as well as companies can accommodate more learners in a given period of time.
- 0.6 In addition to improved access, equity and relevance of BTVET, the UVQF will also enable people who are convinced to have acquired competencies laid down in this ATP through prior training and on-the-job experience to access assessment and certification directly; be it on the basis of a single module, a group of modules or all modules pertaining to the occupation at once. This achievement will facilitate Recognition of Prior Learning (RPL).

- 0.7 The parts of this Assessment and Training Package were sequentially reviewed as follows:
 - i Part 1: Occupational Profile: *August 2020*ii Part 2: Training Modules: *August 2020*
 - iii Part 3: Assessment Instruments (initial bank): *August 2020*

This ATP (or parts of it) may be periodically revised to match the dynamic trends in the occupation and hence issued in different versions.

DIT takes responsibility of any shortcomings that might be identified in this publication and welcomes suggestions for effectively addressing the inadequacies. The suggestion can be communicated to DIT through P.O. Box 20050, Kampala or through email uvaf.dit@gmail.com.

Patrick Byakatonda Ag Director

Acknowledgement

The Qualifications Standards Department of DIT acknowledges the valuable contributions to the review of this Assessment and Training Package by the following persons, Institutions and organisations:

- Members of the DIT Industrial Training Council.
- The Director and staff of DIT.
- Ministry of Education and Sports.
- The practitioners from the world of work.
- Teachers and instructors of swimming practitioner from various secondary schools.
- Physical Education Curriculum Specialists from NCDC.
- Examination specialists from UNEB.
- The facilitators involved in guiding the development panels in their activities.
- The Government of Uganda for financing the development of this ATP.

Abbreviations and Acronyms

A&C Assessment and Certification

ATP Assessment and Training Packages

CBET Competency Based Education and Training

DIT Directorate of Industrial Training

ITC Industrial Training Council

GoU Government of Uganda

LWA Learning-Working Assignment

MC Modular Curriculum

MoES Ministry of Education and Sports

OP Occupational Profile
PEX Practical Exercise

PTI Performance (Practical) Test Item

QS Qualification Standards

RPL Recognition of Prior Learning

TIB Test Item Bank

TVET Technical, Vocational, Education and Training

UVQ Uganda Vocational Qualification

UVQF Uganda Vocational Qualifications Framework

WTI Written (Theory) Test Item

Key Definitions

Assessment

Assessment is the means by which evidence is gathered and judged to decide if an individual has met the stipulated assessment standards or not. Testing is a form of formal assessment.

Certification

Certification is a formal procedure to issue a certificate (qualification) to an individual that has demonstrated during formal assessment that he/she is competent to perform the tasks specified in the occupational profile.

Competence

Integration of skills, knowledge, attitudes, attributes and expertise in doing /performing tasks in the world of work to a set standard.

Competency

(Occupational) competency is understood as the ability to perform tasks common to an occupation to a set standard.

CBET

Competence-Based Education and Training means that programmes:

- 1. have content directly related to work
- 2. focus is on 'doing something well'
- 3. assessment is based upon industry work standards, and
- 4. curricula are developed in modular form

Duty

A Duty describes a large area of work in performance terms. A duty serves as a title for a cluster of related Tasks (see also: TASK).

Learning-Working Assignment (LWA)

LWAs are simulated or real job situations / assignments that are suitable for learning in a training environment (e.g. "small projects"). In a working environment, LWAs are real work situations /assignments.

Modules

Modules are part(s) of a curriculum. Modules can be considered as "self-contained" partial qualifications which are described by learning outcomes or competencies and which can be assessed and certified individually.

Occupational Profile (OP)

An Occupational Profile is an overview of the duties and tasks a job incumbent is expected to perform competently in employment.

Occupational Profiles developed by practitioners from the world of work enhance the relevance of training and learning to the requirements of the world of work. Occupational Profiles define what a person is supposed to do in performance terms. It also contains generic information regarding related knowledge and skills, attitudes/behavior, tools, materials and equipment required to perform as well as trends/ concerns in the occupation.

Occupational profiles are the reference points for developing modular curricular and assessment standards.

Qualification

A qualification is a formal recognition for demonstrating competence, based on formal assessment against set standards. A qualification is provided to the individual in form of a certificate specifying the nature of the competence.

Task

Job tasks represent the smallest unit of job activities with a meaningful outcome. Tasks result in a product, service, or decision. They represent an assignable unit of work and have a definite beginning and ending point. Tasks can be observed and measured. (Also see: Duty)

1.0 ATP-PART I

Occupational Profile for a SWIMMING PRACTITIONER

- 1.1 The OCCUPATIONAL PROFILE (OP) for a "Swimming Practitioner" below defines the *Duties* and *Tasks* a competent Swimming Practitioner is expected to perform in the world of work (on the job) in Uganda and the East African region today.
- 1.2 Since it reflects the skill requirements of work life, the Occupational Profile is the reference document for the subsequent development of training modules and assessment instruments (test items) which are directly relevant to employment in Ugandan and the East African businesses and industries.
- 1.3 To ensure that the Occupational Profile is relevant for employment in Uganda and East Africa, the DIT used the method of "occupational/job profiling.1"
 - This approach involves the brainstorming of a panel of 8 to 12 competent job practitioners guided by trained and experienced facilitators. During a two-day workshop the panelists define the duties and tasks performed in employment, as well as the prerequisite skills, knowledge, attitudes, tools and equipment, and the future trends and concerns in the occupation/job.
- 1.4 The panelists, facilitators and coordinators who participated in developing this Occupational Profile are listed on the following page.

¹ The DACUM-method was used. DACUM is an acronym for 'Develop A Curriculum'

Job Expert Panel

Mugabe Brian

Swimmer

Roger Mukasa

St Mary's College Kisubi

Kalodo Douglas

Kiira SS

Mathew Oryada Odada

Swimmer Ndejje University

Kasujja Tonnie

Uganda Swimming Coaches

Association

Mugisha Peter Simon

Uganda Swimming Federation

Tushabe Jonan

Seeta High School

Mugisha Lillian

Uganda Swimming Federation

Barungi Erinah

NCDC

Bahemuki Simon

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Mukyala E Ruth

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Facilitators

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Agaba Simon

Directorate of Industrial Training

Funded by

The Government of Uganda



THE REPUBLIC OF UGANDA Ministry of Education and Sports

Directorate of Industrial Training

Occupational Profile

For a

''Swimming Practitioner''

Developed by: Qualifications Standards

Department of the Directorate

of Industrial Training

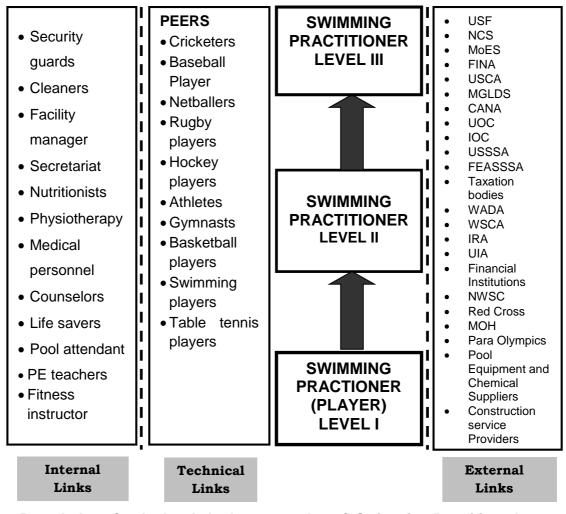
Date of workshop:21st - 25th September, 2020

NOMENCLATURE FOR THE OCCUPATION OF A SWIMMING **PRACTITIONER**

Definition of a Swimming Practitioner

This is a person who has competences of swimming, lifesaving, officiating, coaching swimming and managing its related activities.

JOB ORGANISATION CHART FOR A SWIMMING PRACTITIONER



Descriptions for the levels in the occupation of 'Swimming Practitioner'

A Swimming Practitioner Level I is a person who has competences in swimming and performing game supporting activities.

A Swimming Practitioner Level II is a person who has the competences of

organising and officiating swimming activities or

events.

A Swimming Practitioner Level III is a person who has the competences of

coaching and managing swimming activities.

Duties and Tasks

A. ESTABLISH SWIMMING FACILITY	A 1	Prepare work plan	A2	Identify site	A3	Identify source of funds
TAGILIT	A4	Identify suppliers	A5	Purchase equipment	A6	Construct swimming pool
	A7	Demarcate swimming pool facility	A8	Set up equipment		
B. PERFORM OCCUPATIONAL	B1	Inspect swimming facility	B2	Display safety signs and rules	В3	Train lifesaving skills
HEALTH, SAFETY AND ENVIRONMENTAL PROTECTION	B4	Perform fire safety drills	B5	Administer first aid	В6	Maintain swimming pool facility
PRACTICES	В7	Wear swimming attire				
C. PERFORM SWIMMING	C1	Familiarise with water	C2	Float on water	C3	Perform free style
	C4	Perform back stroke	C5	Perform breast stroke	C6	Perform butterfly stroke
	C 7	Perform diving	C8	Perform boating/floatin g	C9	Perform water games
	C10	Execute artistic swimming	C11	Glide on water	C12	Perform starts and turns
D. COACH SWIMMING	D1	Mobilise participants	D2	Develop training program	D3	Design training sessions
	D4	Train participants	D5	Manage discipline	D6	Mentor and inspire participants
	D7	Appraise players	D8	Make training reports		

E. OFFICIATE SWIMMING	E1	Inspect swimming pool	E2	Inspect swimmers	E3	Register participants
	E4	Enforce rules of the race	E5	Start and stop race	E 6	Score race
	E7	Communicate technical decisions	E8	Make reports of the race		
F. ORGANISE SWIMMING EVENTS	F1	Choose event	F2	Plan for event	F3	Prepare venue
	F4	Invite participants	F5	Mobilise materials and equipment	F6	Recruit officials
	F7	Run event	F8	Evaluate event	F9	Prepare event reports
						-
G. PERFORM ADMINISTRATIVE TASKS	G1	Plan activity calendar	G2	Prepare budget	G3	Organise and coordinate Swimming activities
	G4	Conduct meetings	G5	Organise training courses	G6	Procure tools, equipment and materials
	G7	Supervise activities	G8	Manage resources	G9	Recruit staff
	G10	Assign roles	G11	Market swimming activities	G12	! Keep records
			1		1	
H. MARKET SWIMMING	H1	Organise game exhibitions	H2	Form clubs	Н3	Participate in competitions
	H4	Partner with corporate bodies	Н5	Brand swimmers	Н6	Advertise swimming
	H7	Network with peers				

Additional Information

Related knowledge & skills

- 1. Numeracy
- 2. Tools and equipment usage
- 3. Negotiation skills
- 4. Records keeping
- 5. Analytical skills
- 6. First Aid administration
- 7. Waste disposal and management
- 8. Information and communication technology
- 9. Firefighting
- 10. Human resource management
- 11. Entrepreneurship skills
- 12. Swimming techniques

- 13. Interpersonal relations
- 14. Training skills
- 15. Problem solving skills
- 16. Time management
- 17. Planning skills
- 18. Financial management
- 19. Evaluation skills of water conditions
- 20. Lifesaving skills
- 21. Maintaining a swimming pool, tools and equipment
- 22. Rules of the sport

Tools, Equipment and Materials

- 1. Swimming costumes
- 2. Diving boards
- 3. Lane ropes
- 4. Pull buoys
- 5. Noodles
- 6. Floaters
- 7. Ring buoys
- 8. Rescue tube
- 9. Pumps
- 10. Sand filters
- 11. Fins
- 12. Arm Peddles
- 13. Snorkels

- 14. Swimming goggles
- 15. Swim caps
- 16. Nose plugs
- 17. Kickboards
- 18. Water toys
- 19. Pool lights
- 20. Beach beds
- 21. Towels
- 22. Brushes
- 23. Swimming tents
- 24. Noose pipes
- 25. Chairs
- 26. Tables
- 27. Disinfectants

Attitudes / Traits / Behaviour

- 1. Perseverance
- 2. Creativity
- 3. Hard working
- 4. Adaptability
- 5. Flexible
- 6. Honesty
- 7. Interest in the business
- 8. Professionalism
- 9. Outgoing
- 10. Leadership skills
- 11. Dynamic
- 12. Enterprising
- 13. Social
- 14. Cooperative
- 15. Committed
- 16. Hygiene

Future Trends and Concerns

- 1. Popularisation of the sports
- 2. Inadequate swimming facilities
- 3. Set up associations for swimming practitioners
- 4. Capacity building programs
- 5. ICT concerns
- 6. Advocacy and funding for the sport
- 7. Commercialisation of the sport
- 8. Cost of equipment
- 9. Lack of specific activity area
- 10. Partnering with sponsors and corporate bodies

2.0 ATP - PART II

Training Modules for a SWIMMING PRACTITIONER

- 2.1 A curriculum is a "guide /plan for teaching and learning" which provides a guide to teachers, instructors and learners. In the envisaged system of competence-based or outcome-oriented education and training (CBET), curricula are no longer the benchmark against which assessment is conducted. It is rather the Occupational Profile that provides the benchmark for curriculum development as well as assessment.
- 2.2 This modular format of the curriculum allows learners of Swimming Practitioner to acquire job specific skills and knowledge (i.e. competencies) module by module. A single module can be accomplished within a relatively short duration allowing learners to move directly into an entry level job, do further modules and advance to higher levels of training. Modular courses allow more learners to access the training system because training centres, as well as companies can accommodate more learners in a given period of time.
- 2.3 The modules were developed jointly by both instructors and job practitioners. They were developed using the Occupational Profile as a reference point and taking into account the specifications of training and learning outcomes.
- 2.4 The modules contain "Learning-Working Assignments" (LWAs) and related "Practical Exercises" (PEXs) as key elements.

LWAs are simulated or real job situations/assignments that are suitable for learning in a training environment (e.g. "small projects"). In a working environment, LWAs are real work situations.

PEXs are therefore sub-sets of a LWA.

2.5 In principle, and following the philosophy of Competence-Based Education and Training (CBET), the modules can be used as a guide for learning in a training Centre, at the workplace; or a combination of both.

WHO IS A SWIMMING PRACTITIONER QUALIFICATION LEVEL1?

A Swimming Practitioner Level 1 is a person who has competences in swimming and performing game supporting activities.

TRAINING MODULES FOR SWIMMING PRACTITIONER UVQ LEVEL 1

Code	Module Title	Average duration	
		Contact hours	Weeks
UE/SW/M1.1	Perform Swimming	320	8
UE/SW/M1.2	Perform Training	160	4
UE/SW/M1.3	Perform Life Saving	240	6
UE/SW/M1.4	Maintain Tools, Equipment and Facility	160	4
UE/SW/M1.5	Perform Entrepreneurship Tasks	160	4
Summary	5 Training Modules	1040 hours	26 weeks

Note: Average duration is contact time but NOT calendar duration

It is assumed that:

- 1 day is equivalent to 8 hours of nominal learning and
- 1 month is equivalent to 160hours of nominal learning

Information given on the average duration of training should be understood as a guideline. Quick learners may need less time than indicated or vice versa.

At completion of a module, the learner should be able to satisfactorily perform the included Learning Working Assignments, their Practical exercises and attached theoretical instructions, as the minimum exposure.

Prior to summative assessment by recognized Agencies, the users of these Module Guides are encouraged to carefully consider continuous assessment using samples of (or similar) performance (practical) and written test items available in part 3 of this ATP.

Code	UE/SW/M1.1
Module title	M 1.1: Perform Swimming
Related Qualification Qualification Level	Part of Uganda Vocational Qualification (Swimming Practitioner UVQ1)
Module purpose	After completion of this module, the trainee shall be able perform front crawl, breast stroke and tread water competently.
Learning-Working	LWA 1/1: Familiarise with Water
Assignments	LWA 1/2: Perform Front Crawl
(LWAs)	LWA 1/3: Perform Breast Stroke
	LWA 1/4: Tread Water
	LWA 1/4: Perform Occupational Health, Safety and Environmental Protection Practices
	 Note: The learning exercises may be repeated until the trainee acquires targeted competence; The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each learning working assignment.
Related Practical	LWA1/1: Familiarise with Water
Exercises (PEXs)	PEX 1.1: Enter and exit water
	PEX 1.2: Perform breathing exercises
	PEX 1.3: Perform float
	PEX 1.4: Perform jellyfish float
	PEX 1.5: Perform back float
	PEX 1.6: Perform prone float
	PEX 1.7: Perform star float
	PEX 1.8: Glide in water
	LWA 1/2: Perform Front Crawl
	PEX 2.1: Position body
	PEX 2.2: Perform leg movement
	PEX 2.3: Perform arm movement
	PEX 2.4: Perform breathing
	PEX 2.5: Coordinate arm and leg movement PEX 2.6: Perform starts, turns and finishes.
	· ·
	LWA1/3: Perform Breast Stroke
	PEX 3.1. Position body
	PEX 3.2. Perform leg movement
	PEX 3.3. Perform arm movement

1	DEV 0 4 D () (I)
	PEX 3.4. Perform breathing
	PEX 3.5. Coordinate arm and leg movement
	PEX 3.6. Perform starts, turns and finishes
	LWA 1/4: Tread Water
	PEX 4.1: Scull water
	PEX 4.2: Tread water with flutter kicks
	PEX 4.3: Tread water with breast-stroke kicks
	PEX 4.4. Coordinate arm and leg movements
	LWA 1/5: Perform Occupational Health, Safety and Environmental Protection Practices
	PEX 5.1: Wear swimming costume
	PEX 5.2: Manage waste
	PEX 5.3: Maintain general hygiene
	PEX 5.4: Administer first aid
	PEX 5.5: Display safety notices
	PEX 5.6: Observe rules of the sport
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs
Pre-requisite modules	None
Related knowledge/ theory	For occupational theory suggested for instruction/ demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate:
	Breathing intervals according to speed and distance
	Swimming distance for each stroke
	Opening eyes in water
	Breathing exercises
	Progression from shallow end to deep end
	Usage of floating devices
	Drills for teaching swimming strokes
	Principles of buoyance and propulsion
	Insurance for swimmers
	Physical fitness components and conditioning
	Rules of the sports
Average duration of learning	320 hours (40 days) of nominal learning suggested to include:
	10 days of occupational theory
	30 days of occupational practice
	' '

Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided all equipment and materials required for training are in place.
Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related practical and written test items from item bank.
Minimum required tools/ equipment/ implements or equivalent	swimming costume, swim caps, pull buoy, noodles, first aid kit, submersible toys, lane ropes, arm peddles, tins, swimming goggles, reserve tube/buoy, kick boars.
Minimum required materials and consumables or equivalent	swimming pool chemicals, chloride tablet filler, aqua wool filter filler, soap, towels
Special notes	 There must be a fulltime life saver at the pool All participants insured. Seek signed consent from the participants or guardians for those below legal age. Cater for people with special needs in all aspects of training.

Code	UE/SW/M1.2
Module title	M1.2: Perform Training
Related Qualification	Part of Uganda Vocational Qualification (Swimming Practitioner UVQ 1)
Qualification Level	1
Module purpose	After completion of this module, the trainee shall be able to plan, conduct and execute training sessions for beginners.
Learning-Working	LWA 2/1: Plan Training
Assignments	LWA 2/2: Execute Training Session
(LWAs)	LWA 2/3: Supervise Training Session
	LWA 2/4: Evaluate Training Session
	LWA 2/5: Perform Occupational Health, Safety and Environmental Protection Practices
	Note:
	The learning exercises may be repeated until the trained appropriate terraped appropriate trained app
	trainee acquires targeted competence; 2. The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each learning working assignment.
Related Practical	LWA 2/1: Plan Training
Exercises (PEXs)	PEX 1.1: Identify trainees
	PEX 1.2: Evaluate and categories trainees
	PEX 1.3: Design training session
	PEX 1.4: Prepare equipment
	PEX 1.5: Register trainees
	LWA 2/2: Execute Training Session
	PEX 2.1: Organise trainees
	PEX 2.2: Instruct front crawl PEX 2.2: Instruct breast-stroke
	PEX 2.2: Instruct treading water
	LWA 2/3: Supervise Training Session
	PEX 3.1: Observe training Session
	PEX 3.2: Correct errors
	LWA 2/4: Evaluate Training Session
	PEX 4.1: Appraise trainees
	PEX 4.2: Give feedback
	PEX 4.3: Make reports
	PEX 4.4: Promote trainees

	LWA 2/5: Perform Occupational Health, Safety and Environment Protection Practices
	PEX 5.1: Wear swimming costume
	PEX 5.2: Administer first aid
	PEX 5:3: Manage waste
	PEX 5:4: Display safety signs
	PEX 5.5: Observe personal hygiene
	PEX 5.6: Sensitise trainees to emerging health issues
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs.
Pre-requisite modules	M1.1
Related knowledge/ theory	For occupational theory suggested for instruction/ demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate:
	 Time of breathing and staying in water
	Trainees disease history
	Drills for practice of the strokes
	Procedure of training
	Techniques of the game
	Body composition
	Rules of the sport
Average duration of learning	160 hours (20 days) of nominal learning suggested to include:
	5 days of occupational theory
	15 days of occupational practice
Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided all equipment and materials required for training are in place.
Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related practical and written test items from item bank
Minimum required tools/ equipment/ implements or equivalent	whistle, pose clock, timer, motion sensor, stopwatch, Internet, camera, ice buckets, swim suit

Minimum required materials and consumables or equivalent	swimming pool chemicals, chloride tablet filler, aqua wool filter filler, soap
Special notes	Cater for people with special needs in all aspects of Swimming

Code	UE/SW/M1.3
Module title	M1.3: Perform Life Saving
Related Qualification Qualification Level	Part of: Uganda Vocational Qualification (Swimming Practitioner, UVQ1)
Qualification Level	
Module purpose	After completion of this module, the trainee shall be able to carry out water rescues.
Learning-Working Assignments (LWAs)	LWA 3/1: Inspect Pool Environment LWA 3/2: Enter Water LWA 3/3: Rescue Victim from Water LWA 3/4: Defend and Escape from Victim LWA 3/5: Perform Occupational Health, Safety and Environment Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each learning working assignment.
Related Practical Exercises (PEXs)	LWA 3/1: Inspect Pool Environment PEX 1.1: Familiarise with pool environment PEX 1.2: Identify safety equipment PEX 1.3: Identify safety hazards LWA 3/2: Enter Water PEX 2.1: Perform slide in entry PEX 2.2: Perform straddle entry PEX 2.3: Perform step in entry PEX 2.4: Perform compact jump PEX 2.5: Perform wade in PEX 2.6: Perform dive entry LWA 3/3: Rescue Victim from Water PEX 3.1: Perform shout and signal PEX 3.2: Perform throwing rescue PEX 3.3: Perform wading rescue PEX 3.4: Perform wading rescue PEX 3.5: Perform swim extension rescue PEX 3.6: Perform tow rescue
	LWA 3/4: Defend and Escape from Victim PEX 4.1: Take defensive position

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	PEX 4.2: Perform defensive reverse
	PEX 4.3: Perform defensive arm block
	PEX 4.4: Perform defensive leg block
	PEX 4.5: Disentangle from wrist grasp
	PEX 4.6: Disentangle from ankle grasp
	PEX 4.7: Disentangle from rear head grasp
	PEX 4.8: Disentangle from front head grasp
	LWA 3/5: Perform Occupational Health, Safety and
	Environment Protection Practices
	PEX 5.1: Wear personnel protective equipment
	PEX 5.2: Manage waste
	PEX 5.3: Maintain general hygiene
	PEX 5.4: Administer first aid
	PEX 5.5: Observe rules of the sport
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs.
Pre-requisite modules	M1.1
Related knowledge/ theory	For occupational theory suggested for instruction/ demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate:
	 The period someone has to spend under water without breathing
	Rescue equipment and how to use it
	Hand and whistle signals
	Ladder approach during rescue i.e. rescuers should start with the safest rescue
	First aid and CPR
	How to respond in rescues
	Signs of swimmer in difficulty
	How to recognise panicking, non-panicking and
	unconscious victims
	How to identify a causality
	 How to support a causality in water e.g. with or without buoyant aid or against a firm support
	 How to land a casualty e.g. assisted lift, stirrup lift and horizontal lift
	How to perform rescues with and without aids
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Average duration of learning	 240 hours (30days) of nominal learning suggested to include: 5 days of occupational theory and 25 days of occupational practice
Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided that all equipment and materials required for this module training are in place.
Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related written test items from item bank.
Minimum required tools/ equipment/ implements or equivalent	life jackets, little Anne, whistles, life buoys, rescue tube, marine beacon, water stretch, rope, first aid box, perry buoy, football, empty jerry can, throw bag, brushes, oar.
Minimum required materials and consumables or equivalent	chloride tablet filler, aqua wool filter filler, swimming pool chemicals
Special notes	Avail trainees with supporting participants

Code	UE/SW/M1.4
Module title	M1.4: Manage Tools, Equipment, Materials and Facility
Related Qualification	Part of: Uganda Vocational Qualification (Swimming Practitioner UVQ1)
Qualification Level	1
Module purpose	By the end of this module, the trainee shall be able to maintain tools, equipment, materials and facility
Learning-Working Assignments (LWAs)	LWA 4/1: Acquire Tools, Equipment and Materials LWA 4/2: Maintain Tools, Equipment and Materials LWA 4/3: Maintain Swimming Pool Facility LWA 4/4: Perform Occupational Health, Safety and Environmental Protection Practices Note:
	 The learning exercises must be repeated until the trainee acquires a targeted competence. The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each learning working assignment.
Related Practical Exercises (PEXs)	LWA 3/1: Acquire Tools, Equipment and Materials PEX 1.1: Identify tools, equipment and materials PEX 1.2: Procure tools, equipment and materials PEX 1.3: Keep inventory PEX 1.4: Store tools, equipment and materials
	PEX 2.1: Prepare maintenance schedule PEX 2.2: Identify faulty/broken tools and equipment PEX 2.3: Replace broken parts of tools and equipment PEX 2.4: Repair tools, equipment and materials PEX 2.5: Service tools and equipment PEX 2.6: Clean tools, equipment and materials PEX 2.7: Keep maintenance records LWA 3/3: Maintain Swimming Pool Facility PEX 3.1: Demarcate swimming pool area PEX 3.2: Clean swimming pool PEX 3.3: Skim swimming pool PEX 3.4: Vacuum swimming pool PEX 3.5: Test pH and chlorine levels of water

		Perform Occupational, Health Safety and Environmental Protection Practices
	PEX 4.1:	Display safety signs and rules
	PEX 4.2:	Carryout regular checkups on equipment
	PEX 4.3:	Administer first aid
	PEX 4.4:	Wear protective gear
	PEX 4.5:	Observe general hygiene
	PEX 4.6:	Manage waste
Occupational health and safety	health, safe the listed	s, rules and regulations on occupational ety and environmental protection included in related knowledge should be observed and ted during LWAs and PEXs.
Pre-requisite modules	None	
Related knowledge/ theory	demonstrate below. In a obtained from appropriate Prompted How Base Wall How	pational theory suggested for instruction/ tion, the trainer is not limited to the outline any case, related knowledge/ theory may be rom various recognised reference materials as e: oper storage of tools, equipment and materials rket survey w to prepare a budget w to operate maintenance equipment sics on chemistry of water and treatment aste management w to swim cord keeping techniques
Average duration of learning	• 05 day	days) of normal learning suggested. ys of occupational theory. ys of occupational practice.
Suggestions on organisation of learning	attitudes) of training ce	isition of competencies (skills, knowledge, described in this module may take place at a ntre or its equivalent provided all equipment als required for training are in place.
Assessment	regulations	nt to be conducted according to established by a recognised assessment body using ctical and written test items from Item bank.
Minimum required tools/ equipment/ implements or equivalent	touch, 8 v	ster, Low PH, PH-Adjuster (High PH), magic wheel sweeper, telescopic pole, barracuda, ubs, testing kits, sand filters, water pumps, pool brush, boat

Minimum required materials and consumables or equivalent	electricity, water, aluminum sulphate (flocculator), chlorine 65, 90, liquid soap, stationary, aluminium chloride, sinuric acid, algaecide, anti stain
Special notes	The theory must be integrated into the practice during training.

Code	UE/SW/M1.5
Module title	M1.5: Perform Entrepreneurship Tasks
Related Qualification	Part of: Uganda Vocational Qualification (Swimming Practitioner UVQ1)
Qualification Level	1
Module purpose	At the end of this module, a trainee shall be able to establish a Swimming enterprise and market the sport
Learning-Working Assignments (LWAs)	LWA 5/1: Setup Swimming Enterprise LWA 5/2: Market Swimming LWA 5/3: Perform Administrative Duties LWA 5/4: Perform Occupational Health, Safety and Environmental Protection Practices
	 Note: The learning exercises may be repeated until the trainee acquires targeted competence; The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each learning working assignment.
Related Practical Exercises (PEXs)	PEX 1.1: Conduct feasibility study PEX 1.2: Set up an organisational structure PEX 1.3: Make budget PEX 1.4: Mobilise resources PEX 1.5: Recruit staff PEX 1.6: Register enterprise PEX 1.7: Design enterprise logo PEX 1.8: Procure tools equipment and materials PEX 1.9: Keep records LWA 5/2: Market Swimming PEX 2.1: Advertise swimming activities PEX 2.2: Brand sport and swimmers PEX 2.3: Organise swimming exhibitions PEX 2.4: Sell swimming items and accessories PEX 2.5: Network with peers
	PEX 2.6: Partner with corporate bodies PEX 2.7: Offer promotional discounts on swimming activities e.g. classes PEX 2.8: Carryout community outreaches

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	LWA 5/3: Perform Administrative Duties
	PEX 3.1: Manage resources
	PEX 3.2: Supervise swimming activities
	PEX 3.3: Offer customer care services
	PEX 3.4: Make reports
	PEX 3.5: Keep records
	LWA 5/4: Perform Occupation Health, Safety and Environmental Protection Practices.
	PEX 4.1: Wear personal protective equipment
	PEX 4.2: Manage waste
	PEX 4.3: Maintain general hygiene
	PEX 4.4: Administer first aid
	PEX 4.5: Sensitise workers and customers on emerging health issues
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs.
Pre-requisite modules	None
Related knowledge/ theory	For occupational theory suggested for instruction/ demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate: Marketing skills Mobilisation skills Communication skills Problem solving skills Organisational skills Resource management skills Resource management skills Rules and regulations of the game How to establish and manage an enterprise
	 Regulatory bodies Book and record keeping
Average duration of learning	160 hours (20days) of nominal learning suggested to include,
	5 days of occupational theory and15 days of occupational practice
Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided that all equipment and materials required for this module training are in place.

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Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related written test items from item bank.
Minimum required tools/ equipment/ implements or equivalent	rulers, calculators, computers, projectors, cameras, first aid kit, furniture, phones
Minimum required materials and consumables or equivalent	papers, pens, files, rulers, markers, water, flyers, brochures, Internet, banners.
Special notes	

3.0 ATP- PART III

Assessment Instruments for a SWIMMING PRACTITIONER

- 3.1 Assessment of occupational competence is the procedure by which evidence is gathered and judged to decide if an individual (candidate) has met the stipulated assessment standards.
- 3.2 Assessment of occupational competence should comprise of both practical (performance) testing and written (theory/knowledge) testing.
- 3.3 Based on the Occupational Profile and Training Modules, a combined panel of job practitioners and instructors developed a substantial number of test items for assessing (practical) performance as well as items for assessing occupational knowledge (theory) all stored in an electronic Test Item Bank (TIB) at the Directorate of Industrial Training.
- 3.4 Performance (Practical) Test Items (PTI) are closely related to typical work situations in Ugandan business enterprises. They comprise of a test assignment for candidates and assessment criteria and/or scoring guides for assessors' use.
- 3.5 Written Test items (WTI) for written testing of occupational theory, (knowledge) are presented in different forms which include:
 - Short answer test items,
 - Multiple choice test items and
 - Matching test items.

These WTIs herein focus on functional understanding as well as troubleshooting typically synonymous with the world of work.

- 3.6 Composition of assessment/test papers will always require good choices of different types of WTI in order to ensure the assessment of relevant occupational knowledge required of candidates to exhibit competence.
- 3.7 The test items contained in the Test Item Bank may be used for continuous/formative assessment during the process of training as well as for summative assessment of candidates who have acquired their competences non-formally or informally.
- 3.8 In this document, only sample test items for assessing (practical) performance and occupational knowledge (theory) are included.

3.9 Overview of Test Item Samples Included

No	Type of test Items	Numbers included
1.	Written (Theory)- short answer	2
2.	Written (Theory)- multiple choice	2
3.	Written (Theory)- matching with generic	1
4.	Written (Theory)- matching with work-sequence	1
5.	Performance (Practical) test items	1
Total		7

WRITTEN TEST ITEMS (SAMPLES)

DIT/ QS	Test Item Database Written (Theory) Test Item- no. 1			
Occupational Title:	Swimming Practit	Swimming Practitioner		
Competence level:	Level 1			
Code no.				
	Short answer	V		
Test Item type:	Multiple choice			
	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C1			
Date of OP:	September 2020			
Related module:	M1.3			
Time allocation:	3 minutes			

Test Item	List at least four lifesaving equipment		
Answer spaces	(i)		
Expected key (answers)	(i) Rescue tube (ii) Rope (iii) Life buoy ring (iv) Shepherd's crook (v) Whistle (vi) Life jacket (vii) Life boat (viii) First aid kit		

DIT/ QS	Test Item Database Written (Theory) Test Item- no. 2			
Occupational Title:	Swimming Practitioner			
Competence level:	Level 1			
Code no.				
	Short answer	√		
Test Item type:	Multiple choice			
	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C2			
Date of OP:	September 2020			
Related module:	M1.4			
Time allocation:	3 minutes			

Test Item	Mention three (3) vital swimming pool safety signs
Answer spaces	(i) (ii) (iii)
Expected key (answers)	 (i) Depth marks (ii) Diving zone signs (iii) Water parameter readings (iv) Swimming pool rules chart (v) Fencing

DIT/ QS	Test Item Database Written (Theory) Test Item- no. 3			
Occupational Title:	Swimming Practitioner			
Competence level:	Level 1			
Code no.				
	Short answer			
	Multiple choice	√		
Test Item type:	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C1			
Date of OP:	September 2020			
Related module:	M1.1, M1.2			
Time allocation:	3 minutes			

Test Item	Which is the proper breathing technique used in water?
	A. Breath in under water, breath out above water
Distractors and correct answer	B. Breath in under water, breath out under water
	C. Breath out under water, breath in under water
	D. Breath out under water, breath in above water

Key (answer)	
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DIT/ QS	Test Item Database Written (Theory) Test Item- no. 4			
Occupational Title:	Swimming Practi	Swimming Practitioner		
Competence level:	Level 1			
Code no.				
	Short answer			
	Multiple choice	√		
Test Item type:	Matching item	Generic	Cause- Effect	Work- sequence
Complexity levels	C1			
Complexity level:				
Date of OP:	September 2020			
Related module:	M1.2			
Time allocation:	2 minutes			

Test Item	is the exercise used to train how to open eyes in water
Distractors and correct answer	A. Treasure huntB. Water poloC. FloatingD. Walking

Key (answer)	A

DIT/ QS	Test Item Database Written (Theory) Test Item- no. 5			
Occupational Title:	Swimming Practit	ioner		
Competence level:	Level 1			
Code no.				
Test Item type:	Short answer Multiple choice			
	Matching item	Generic √	Cause- Effect	Work- sequence
Complexity level:	C2			
Date of OP:	September 2020			
Related module:	M1.1, M1.2, M1.3			
Time allocation:	2 minutes			

Test Item

	Column A (Items)				
1	Goggles				
2	Swim caps				
3	Fins				

	Column B (Uses)				
Α	Improve arm movement				
^	technique				
В	Add propulsion to your kicks				
С	Keep legs a float without kicking				
D	Protect eyes from chlorine				
Е	Protect hair from effects of				
-	chlorine				

Key (answer)	1-D, 2-E, 3-B
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DIT/ QS	Test Item Database Written (Theory) Test Item- no. 6				
Occupational Title:	Swimming Practition	oner			
Competence level:	Level 1				
Code no.					
	Short answer				
	Multiple choice				
Test Item type:	Matching item	Generic	Cause- Effect	Work- sequence	
				$\sqrt{}$	
Complexity level:	C3				
Date of OP:	September 2020				
Related module:	M1.1				
Time allocation:	3 minutes				

Test Item Arrange the steps followed in familiarising with water

Column A (chronology	Column B (work steps) in wrong chronological order		
1 st	Α	Glide in water	
2 nd	В	Float on water	
3 rd	С	Enter water	
4 th	D	Submerge water	

Key (answer)	1-C, 2-D, 3-A, 4-B
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PERFORMANCE TEST ITEMS (SAMPLES)

DIT/ QS	Test Item Database Performance Test Item- no. 7				
Occupational Title:	Swimming Practitioner				
Competence level:	Level 1				
Code no.					
Test Item:	Prepare and conduct training session for a beginner on front crawl				
Complexity level:	P3				
Date of OP:	September 2020				
Related module:	M1.2				
Related skills and knowledge:	 Warm up and cool down activities Medical history of the trainee Usage of swimming equipment Lifesaving skills Swimming techniques 				
Required tools, Materials and Equipment:	Kick boards, swimming caps, goggles, swim suit, floaters, whistle				
Time allocation:	6 hours				
Preferred venue:	Swimming pool				
Remarks for assessors	Observe rules of the sportMust be dressed in swimming costume				
Remarks for assessors	 Avail candidates with all listed tools, equipment an materials Avail candidates with a pool attendant and life saver Avail candidate with a trainee 				

#	Assessment	Scoring guide	Scoring guide Max S	
	criteria		Process	Result
1	Prepare for	Wore swimming Gear		
	swimming	Swimsuit		1
	session	 Goggles 		1
		Watch		1
		 Whistle 		1

UVQF: Assessment and Training Package (ATP) for a SWIMMING PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

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		Organised equipment	1	
		Performed warm up	3	
		Familiarised with the skill to train	2	
2	Conduct training session	Explained activities for the training session	2	
		Demonstrated activities		2
		Entered water with trainee	1	
		Assisted trainee to splash water	1	
		Assisted trainee to bubble while in water	1	
		Assisted trainee to open eyes while in water	1	
		Helped trainee to walk on rails	1	
		Helped trainee to float on water	2	
		Trainee familiarised with water		2
3	Position Body	Arms stretched fully and above the head		2
		Legs together		2
		Toes pointed		2
		Body streamlined		3
4	Leg kick movement	Moved legs	2	
		Legs moved simultaneously in an up and down motion		2
		Knees relaxed		1
		Toes pointed backwards and legs close together		3
		Propulsion with the legs achieved		3
5	Arm movement	Arms stretched fully along the ears		2
		Pulled each arm through the water alternately		1
		Kept fingers together	1	
		Pulled water to past thighs	2	
		Recovered arm over water to original position	1	
6	Breathing	Held breath under water	1	
		Made bubbles	2	
		Turned head out on the side of the		3

UVQF: Assessment and Training Package (ATP) for a SWIMMING PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

	Maximum score (Y)	X/Y	74	
	TOTAL		26	48
	store equipment	Stored equipment		1
8	Clean and	Cleaned equipment		1
		Perform long slow cool down activities		2
7	Coordination	Moved legs, arms and turned head to breathe at the same time		4
		Head not lifted above the water		2
		No choking on water observed		3
		Put head back as the hand recovered forward		2
		Breathed in at the beginning of recovery hand	2	
		pushing hand		

4.0 ATP- PART IV

INFORMATION ON DEVELOPMENT PROCESS

4.1 Development process (September 2020)

This Assessment and Training Package was exclusively developed by Swimming Practitioners, Secondary School teachers who train Physical Education, and Curriculum Development Specialists working with the National Curriculum Development Centre (NCDC).

The job expert panel, guided by UVQF Facilitators developed the Occupational Profile that mirrors duties and tasks performed in the world of work and also provided additional generic information regarding the occupation.

Basing on the Occupational Profile, they developed training modules that will guide Swimming Practitioners on the job as well as in training centres.

Basing on the Occupational Profile and Training Modules, they developed Assessment Instruments that can be used to assess whether a person complies with the requirements of employment as a Swimming practitioner.

4.2 Methodology

The rationale for the Assessment and Training Package development was to link Vocational Education and Training to the real world of work by bridging Occupational Standards to Training Standards through industry-led Standards-Based Assessment.

Active participation of Swimming trainers, job practitioners and NCDC Physical Education specialist panels consolidated the development.

The panelists worked as teams in workshop settings complemented by offworkshop field research and literature review activities including international benchmarking.

4.3 Development Panels

The participating panels of Swimming practitioners, Secondary School teachers who train Physical Education, and Curriculum Development Specialists working with the National Curriculum Development Centre (NCDC) required at the different stages of development exercise were constituted by members from the following institutions/organizations:

	Development Panel					
No.	Name	Institution/Organisation				
1.	Mugabe Brian	Swimmer				
2.	Roger Mukasa	St Mary's College Kisubi.				
3.	Kalodo Douglas	Kiira SS				
4.	Mathew Oryada Odada	Ndejje University.				
5.	Tonnie Kasujja	Uganda Swimming Federation				
6.	Mugisha Peter Simon	Uganda Swimming Federation.				
7.	Tushabe Jonan	Seeta High School, Main Campus.				
8.	Lillian Mugisha	Uganda Swimming Federation/ Makerere University.				
9.	Balungi Erinah	NCDC				
10.	Simon Bahemuka	Greenhill Academy				
11.	Mukana Ronald	Kyambogo University				
12.	Orikiriza Gilbert	Rubare Secondary School.				

4.4 Quality Assurance Panel

The quality checking panel comprised of a team with exceptional technical expertise and experience as job practitioners, lecturers, sports administrators and national curriculum development specialist.

The team carefully and objectively critiqued the entire ATP and assured that the quality of the ATP meets the required standards.

	Quality Checking Panel					
No.	Name	Organisation				
1	Mr. Katende S David	National Council of Sports (NCS)				
2	Mr. Balagana Charles Mukiibi	Kyambogo University				
3	Mr. Tushabe Jonan	Directorate of Industrial Training				
4	Ms. Erinah Balungi	National Curriculum Development Centre (NCDC)				
5	Dr. Byaruhanga Kadoodooba	Kyambogo University				
6	Ms. Ddembe N Hajarah	Ministry of Education and Sports				
7	Mr. Okou-Imakit J.M	Kyambogo University				

4.5 Facilitator team

This Assessment and Training Package was developed by a Facilitator team listed below:

1. **Team Leader**: Ms. Mukyala Ruth, Ag Deputy Director, DIT

2. Facilitators (Development process):

Ms. Ninsiima Isabella, DE DIT and

Mr. Agaba Simon DE DIT

3. Facilitators (Quality checking process): Ms. Baliraba Elizabeth DIT

4. **DIT Data Entrants**: Ms. Namulondo Joweria

Ms. Wanyenze Esther

and Turyasingura Yusuf

5. **Edited by**: Ms. Mukyala Ruth Ag. DD Qualification Standards Dept. DIT

6. **Coordinated by**: Mr. Byakatonda Patrick, Ag. Director, DIT and Ms. Mukyala

Ruth Ag. DD. Qualification Standards Dept. DIT

4.6 Reference time:

The Assessment and Training Package was compiled in September 2020 and may be periodically revised to match the dynamic trends in the occupation and hence issued in different versions.

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